

Return of Private Foundation

or Section 4947(a)(1) Trust Treated as Private Foundation

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OMB No. 1545-0047

2019

Open to Public Inspection

Form **990-PF**

Department of the Treasury
Internal Revenue Service

For calendar year 2019 or tax year beginning _____, and ending _____

Name of foundation NORTHERN VIRGINIA HEALTH FOUNDATION		A Employer identification number 20-4062932
Number and street (or P.O. box number if mail is not delivered to street address) 2000 DUKE STREET	Room/suite 300	B Telephone number 703-486-5691
City or town, state or province, country, and ZIP or foreign postal code ALEXANDRIA, VA 22314		C If exemption application is pending, check here <input type="checkbox"/>
G Check all that apply: <input type="checkbox"/> Initial return <input type="checkbox"/> Initial return of a former public charity <input type="checkbox"/> Final return <input type="checkbox"/> Amended return <input type="checkbox"/> Address change <input type="checkbox"/> Name change		D 1. Foreign organizations, check here <input type="checkbox"/> 2. Foreign organizations meeting the 85% test, check here and attach computation <input type="checkbox"/>
H Check type of organization: <input checked="" type="checkbox"/> Section 501(c)(3) exempt private foundation <input type="checkbox"/> Section 4947(a)(1) nonexempt charitable trust <input type="checkbox"/> Other taxable private foundation		E If private foundation status was terminated under section 507(b)(1)(A), check here <input type="checkbox"/>
I Fair market value of all assets at end of year (from Part II, col. (c), line 16) \$ 34,304,082.	J Accounting method: <input type="checkbox"/> Cash <input checked="" type="checkbox"/> Accrual <input type="checkbox"/> Other (specify) _____ (Part I, column (d), must be on cash basis.)	
F If the foundation is in a 60-month termination under section 507(b)(1)(B), check here <input type="checkbox"/>		

Part I Analysis of Revenue and Expenses <small>(The total of amounts in columns (b), (c), and (d) may not necessarily equal the amounts in column (a).)</small>		(a) Revenue and expenses per books	(b) Net investment income	(c) Adjusted net income	(d) Disbursements for charitable purposes (cash basis only)
Revenue	1 Contributions, gifts, grants, etc., received			N/A	
	2 Check <input checked="" type="checkbox"/> if the foundation is not required to attach Sch. B				
	3 Interest on savings and temporary cash investments	63,035.	63,035.		STATEMENT 1
	4 Dividends and interest from securities	1,635,306.	1,635,306.		STATEMENT 2
	5a Gross rents				
	b Net rental income or (loss)				
	6a Net gain or (loss) from sale of assets not on line 10	371,308.			
	b Gross sales price for all assets on line 6a	6,029,161.			
	7 Capital gain net income (from Part IV, line 2)		371,308.		
	8 Net short-term capital gain				
	9 Income modifications				
	10a Gross sales less returns and allowances				
b Less: Cost of goods sold					
c Gross profit or (loss)					
11 Other income					
12 Total. Add lines 1 through 11	2,069,649.	2,069,649.			
Operating and Administrative Expenses	13 Compensation of officers, directors, trustees, etc.	220,017.	8,801.		211,216.
	14 Other employee salaries and wages	168,426.	0.		193,427.
	15 Pension plans, employee benefits	79,287.	2,153.		51,679.
	16a Legal fees				
	b Accounting fees	STMT 3 50,931.	12,733.		38,198.
	c Other professional fees	STMT 4 278,857.	162,226.		116,631.
	17 Interest				
	18 Taxes	STMT 5 68,216.	0.		0.
	19 Depreciation and depletion	503.	0.		
	20 Occupancy	97,061.	0.		97,061.
	21 Travel, conferences, and meetings	28,583.	0.		28,583.
	22 Printing and publications	60.	0.		60.
	23 Other expenses	STMT 6 172,760.	0.		169,089.
	24 Total operating and administrative expenses. Add lines 13 through 23	1,164,701.	185,913.		905,944.
	25 Contributions, gifts, grants paid	1,308,000.			1,308,000.
26 Total expenses and disbursements. Add lines 24 and 25	2,472,701.	185,913.		2,213,944.	
27 Subtract line 26 from line 12:					
a Excess of revenue over expenses and disbursements	-403,052.				
b Net investment income (if negative, enter -0-)		1,883,736.			
c Adjusted net income (if negative, enter -0-)			N/A		

Part II Balance Sheets		Attached schedules and amounts in the description column should be for end-of-year amounts only.		
		Beginning of year	End of year	
		(a) Book Value	(b) Book Value	(c) Fair Market Value
Assets	1 Cash - non-interest-bearing			
	2 Savings and temporary cash investments	1,404,674.	1,292,792.	1,292,792.
	3 Accounts receivable ▶			
	Less: allowance for doubtful accounts ▶			
	4 Pledges receivable ▶			
	Less: allowance for doubtful accounts ▶			
	5 Grants receivable			
	6 Receivables due from officers, directors, trustees, and other disqualified persons			
	7 Other notes and loans receivable ▶			
	Less: allowance for doubtful accounts ▶			
	8 Inventories for sale or use			
	9 Prepaid expenses and deferred charges	20,129.	16,486.	16,486.
	10a Investments - U.S. and state government obligations			
	b Investments - corporate stock STMT 7	19,278,305.	19,951,691.	19,951,691.
	c Investments - corporate bonds STMT 8	3,752,215.	5,151,807.	5,151,807.
	11 Investments - land, buildings, and equipment: basis ▶			
Less: accumulated depreciation ▶				
12 Investments - mortgage loans				
13 Investments - other STMT 9	6,525,085.	7,564,266.	7,564,266.	
14 Land, buildings, and equipment: basis STMT 10 ▶	6,173.			
Less: accumulated depreciation STMT 10 ▶	5,752.	995.	421.	
15 Other assets (describe STATEMENT 11)	144,077.	326,619.	326,619.	
16 Total assets (to be completed by all filers - see the instructions. Also, see page 1, item I)	31,125,480.	34,304,082.	34,304,082.	
Liabilities	17 Accounts payable and accrued expenses	45,618.	25,772.	
	18 Grants payable			
	19 Deferred revenue			
	20 Loans from officers, directors, trustees, and other disqualified persons			
	21 Mortgages and other notes payable			
	22 Other liabilities (describe)	168,389.	280,661.	
	23 Total liabilities (add lines 17 through 22)	214,007.	306,433.	
Net Assets or Fund Balances	Foundations that follow FASB ASC 958, check here <input checked="" type="checkbox"/> and complete lines 24, 25, 29, and 30.			
	24 Net assets without donor restrictions	30,911,473.	33,997,649.	
	25 Net assets with donor restrictions			
	Foundations that do not follow FASB ASC 958, check here <input type="checkbox"/> and complete lines 26 through 30.			
	26 Capital stock, trust principal, or current funds			
	27 Paid-in or capital surplus, or land, bldg., and equipment fund			
	28 Retained earnings, accumulated income, endowment, or other funds			
	29 Total net assets or fund balances	30,911,473.	33,997,649.	
30 Total liabilities and net assets/fund balances	31,125,480.	34,304,082.		

Part III Analysis of Changes in Net Assets or Fund Balances

1 Total net assets or fund balances at beginning of year - Part II, column (a), line 29 (must agree with end-of-year figure reported on prior year's return)	1	30,911,473.
2 Enter amount from Part I, line 27a	2	-403,052.
3 Other increases not included in line 2 (itemize) ▶ UNREALIZED GAIN ON INVESTMENTS	3	3,489,228.
4 Add lines 1, 2, and 3	4	33,997,649.
5 Decreases not included in line 2 (itemize) ▶	5	0.
6 Total net assets or fund balances at end of year (line 4 minus line 5) - Part II, column (b), line 29	6	33,997,649.

Part IV Capital Gains and Losses for Tax on Investment Income

(a) List and describe the kind(s) of property sold (for example, real estate, 2-story brick warehouse; or common stock, 200 shs. MLC Co.)	(b) How acquired P - Purchase D - Donation	(c) Date acquired (mo., day, yr.)	(d) Date sold (mo., day, yr.)
1a DISPOSAL OF COMPUTER	P	04/28/15	12/31/19
b PUBLICLY TRADED SECURITIES	P		
c			
d			
e			

(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) ((e) plus (f) minus (g))
a	1,000.	1,071.	-71.
b 6,029,161.		5,657,782.	371,379.
c			
d			
e			

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69.			(l) Gains (Col. (h) gain minus col. (k), but not less than -0-) or Losses (from col. (h))
(i) FMV as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col. (i) over col. (j), if any	
a			-71.
b			371,379.
c			
d			
e			

2 Capital gain net income or (net capital loss) { If gain, also enter in Part I, line 7 If (loss), enter -0- in Part I, line 7	2	371,308.
3 Net short-term capital gain or (loss) as defined in sections 1222(5) and (6): If gain, also enter in Part I, line 8, column (c). If (loss), enter -0- in Part I, line 8	3	N/A

Part V Qualification Under Section 4940(e) for Reduced Tax on Net Investment Income

(For optional use by domestic private foundations subject to the section 4940(a) tax on net investment income.)

If section 4940(d)(2) applies, leave this part blank.

Was the foundation liable for the section 4942 tax on the distributable amount of any year in the base period? Yes No
 If "Yes," the foundation doesn't qualify under section 4940(e). Do not complete this part.

1 Enter the appropriate amount in each column for each year; see the instructions before making any entries.

(a) Base period years Calendar year (or tax year beginning in)	(b) Adjusted qualifying distributions	(c) Net value of noncharitable-use assets	(d) Distribution ratio (col. (b) divided by col. (c))
2018	2,449,451.	33,876,820.	.072305
2017	2,032,389.	33,526,758.	.060620
2016	2,079,377.	35,950,715.	.057840
2015	1,908,495.	33,868,176.	.056351
2014	2,013,699.	35,364,388.	.056941

2 Total of line 1, column (d)	2	.304057
3 Average distribution ratio for the 5-year base period - divide the total on line 2 by 5.0, or by the number of years the foundation has been in existence if less than 5 years	3	.060811
4 Enter the net value of noncharitable-use assets for 2019 from Part X, line 5	4	32,750,641.
5 Multiply line 4 by line 3	5	1,991,599.
6 Enter 1% of net investment income (1% of Part I, line 27b)	6	18,837.
7 Add lines 5 and 6	7	2,010,436.
8 Enter qualifying distributions from Part XII, line 4	8	2,213,944.

If line 8 is equal to or greater than line 7, check the box in Part VI, line 1b, and complete that part using a 1% tax rate.
 See the Part VI instructions.

Part VI Excise Tax Based on Investment Income (Section 4940(a), 4940(b), 4940(e), or 4948 - see instructions)

Table with 11 rows for excise tax calculations. Includes fields for exempt foundations, tax under section 511, add lines 1 and 2, subtitle A tax, tax based on investment income, credits/payments (6a-6d), total credits, penalty, tax due, overpayment, and refunded amount.

Part VII-A Statements Regarding Activities

Table with 10 rows for activity statements. Columns include question number, Yes, and No. Questions cover political campaigns, unrelated business income, liquidation, and substantial contributors.

Part VII-A Statements Regarding Activities (continued)

Table with 3 columns: Question, Yes, No. Rows 11-16 containing questions about controlled entities, distributions, public inspection requirements, and charitable trusts.

Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required

File Form 4720 if any item is checked in the "Yes" column, unless an exception applies.

Table with 3 columns: Question, Yes, No. Rows 1a-4b containing questions about disqualifying acts, taxes on failure to distribute income, and business holdings.

Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required (continued)

		Yes	No
5a During the year, did the foundation pay or incur any amount to:			
(1) Carry on propaganda, or otherwise attempt to influence legislation (section 4945(e))?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
(2) Influence the outcome of any specific public election (see section 4955); or to carry on, directly or indirectly, any voter registration drive?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
(3) Provide a grant to an individual for travel, study, or other similar purposes?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
(4) Provide a grant to an organization other than a charitable, etc., organization described in section 4945(d)(4)(A)? See instructions	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
(5) Provide for any purpose other than religious, charitable, scientific, literary, or educational purposes, or for the prevention of cruelty to children or animals?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
b If any answer is "Yes" to 5a(1)-(5), did any of the transactions fail to qualify under the exceptions described in Regulations section 53.4945 or in a current notice regarding disaster assistance? See instructions	N/A	5b	
Organizations relying on a current notice regarding disaster assistance, check here	<input checked="" type="checkbox"/>		
c If the answer is "Yes" to question 5a(4), does the foundation claim exemption from the tax because it maintained expenditure responsibility for the grant?	N/A <input type="checkbox"/> Yes <input type="checkbox"/> No		
If "Yes," attach the statement required by Regulations section 53.4945-5(d).			
6a Did the foundation, during the year, receive any funds, directly or indirectly, to pay premiums on a personal benefit contract?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
b Did the foundation, during the year, pay premiums, directly or indirectly, on a personal benefit contract?		6b	X
If "Yes" to 6b, file Form 8870.			
7a At any time during the tax year, was the foundation a party to a prohibited tax shelter transaction?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
b If "Yes," did the foundation receive any proceeds or have any net income attributable to the transaction?	N/A	7b	
8 Is the foundation subject to the section 4960 tax on payment(s) of more than \$1,000,000 in remuneration or excess parachute payment(s) during the year?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		

Part VIII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors

1 List all officers, directors, trustees, and foundation managers and their compensation.

(a) Name and address	(b) Title, and average hours per week devoted to position	(c) Compensation (If not paid, enter -0-)	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
SEE STATEMENT 16		220,017.	18,523.	0.

2 Compensation of five highest-paid employees (other than those included on line 1). If none, enter "NONE."

(a) Name and address of each employee paid more than \$50,000	(b) Title, and average hours per week devoted to position	(c) Compensation	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
PATRICIA RODGERS - 2000 DUKE STREET, SUITE 300, ALEXANDRIA, VA 22314	PROGRAM OFFICER 40.00	120,965.	19,430.	0.
SONIA SEGARRA LAW - 2000 DUKE STREET, SUITE 300, ALEXANDRIA, VA	EXEC. ADMIN. ASSIST. 40.00	60,101.	15,367.	0.

Total number of other employees paid over \$50,000 0

Part VIII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors (continued)

3 Five highest-paid independent contractors for professional services. If none, enter "NONE."

(a) Name and address of each person paid more than \$50,000	(b) Type of service	(c) Compensation
BURNESSESS - 7910 WOODMONT AVENUE SUITE 700, BETHESDA, MD 20814	COMMUNICATIONS	66,469.

Total number of others receiving over \$50,000 for professional services 0

Part IX-A Summary of Direct Charitable Activities

List the foundation's four largest direct charitable activities during the tax year. Include relevant statistical information such as the number of organizations and other beneficiaries served, conferences convened, research papers produced, etc.	Expenses
1 N/A	
2	
3	
4	

Part IX-B Summary of Program-Related Investments

Describe the two largest program-related investments made by the foundation during the tax year on lines 1 and 2.	Amount
1 N/A	
2	
3 All other program-related investments. See instructions.	

Total. Add lines 1 through 3 0.

Part X Minimum Investment Return (All domestic foundations must complete this part. Foreign foundations, see instructions.)

1 Fair market value of assets not used (or held for use) directly in carrying out charitable, etc., purposes:			
a	Average monthly fair market value of securities	1a	33,211,952.
b	Average of monthly cash balances	1b	37,430.
c	Fair market value of all other assets	1c	
d	Total (add lines 1a, b, and c)	1d	33,249,382.
e	Reduction claimed for blockage or other factors reported on lines 1a and 1c (attach detailed explanation)	1e	0.
2	Acquisition indebtedness applicable to line 1 assets	2	0.
3	Subtract line 2 from line 1d	3	33,249,382.
4	Cash deemed held for charitable activities. Enter 1 1/2% of line 3 (for greater amount, see instructions)	4	498,741.
5	Net value of noncharitable-use assets. Subtract line 4 from line 3. Enter here and on Part V, line 4	5	32,750,641.
6	Minimum investment return. Enter 5% of line 5	6	1,637,532.

Part XI Distributable Amount (see instructions) (Section 4942(j)(3) and (j)(5) private operating foundations and certain foreign organizations, check here and do not complete this part.)

1	Minimum investment return from Part X, line 6	1	1,637,532.
2a	Tax on investment income for 2019 from Part VI, line 5	2a	18,837.
b	Income tax for 2019. (This does not include the tax from Part VI.)	2b	
c	Add lines 2a and 2b	2c	18,837.
3	Distributable amount before adjustments. Subtract line 2c from line 1	3	1,618,695.
4	Recoveries of amounts treated as qualifying distributions	4	0.
5	Add lines 3 and 4	5	1,618,695.
6	Deduction from distributable amount (see instructions)	6	0.
7	Distributable amount as adjusted. Subtract line 6 from line 5. Enter here and on Part XIII, line 1	7	1,618,695.

Part XII Qualifying Distributions (see instructions)

1 Amounts paid (including administrative expenses) to accomplish charitable, etc., purposes:			
a	Expenses, contributions, gifts, etc. - total from Part I, column (d), line 26	1a	2,213,944.
b	Program-related investments - total from Part IX-B	1b	0.
2	Amounts paid to acquire assets used (or held for use) directly in carrying out charitable, etc., purposes	2	
3	Amounts set aside for specific charitable projects that satisfy the:		
a	Suitability test (prior IRS approval required)	3a	
b	Cash distribution test (attach the required schedule)	3b	
4	Qualifying distributions. Add lines 1a through 3b. Enter here and on Part V, line 8; and Part XIII, line 4	4	2,213,944.
5	Foundations that qualify under section 4940(e) for the reduced rate of tax on net investment income. Enter 1% of Part I, line 27b	5	18,837.
6	Adjusted qualifying distributions. Subtract line 5 from line 4	6	2,195,107.

Note: The amount on line 6 will be used in Part V, column (b), in subsequent years when calculating whether the foundation qualifies for the section 4940(e) reduction of tax in those years.

Part XIII Undistributed Income (see instructions)

	(a) Corpus	(b) Years prior to 2018	(c) 2018	(d) 2019
1 Distributable amount for 2019 from Part XI, line 7				1,618,695.
2 Undistributed income, if any, as of the end of 2019:				
a Enter amount for 2018 only			0.	
b Total for prior years:		0.		
3 Excess distributions carryover, if any, to 2019:				
a From 2014				
b From 2015				
c From 2016				
d From 2017				
e From 2018	668,901.			
f Total of lines 3a through e	668,901.			
4 Qualifying distributions for 2019 from Part XII, line 4: ▶ \$	2,213,944.			
a Applied to 2018, but not more than line 2a			0.	
b Applied to undistributed income of prior years (Election required - see instructions)		0.		
c Treated as distributions out of corpus (Election required - see instructions)	0.			
d Applied to 2019 distributable amount				1,618,695.
e Remaining amount distributed out of corpus	595,249.			
5 Excess distributions carryover applied to 2019 (If an amount appears in column (d), the same amount must be shown in column (a).)	0.			0.
6 Enter the net total of each column as indicated below:				
a Corpus. Add lines 3f, 4c, and 4e. Subtract line 5	1,264,150.			
b Prior years' undistributed income. Subtract line 4b from line 2b		0.		
c Enter the amount of prior years' undistributed income for which a notice of deficiency has been issued, or on which the section 4942(a) tax has been previously assessed		0.		
d Subtract line 6c from line 6b. Taxable amount - see instructions		0.		
e Undistributed income for 2018. Subtract line 4a from line 2a. Taxable amount - see instr.			0.	
f Undistributed income for 2019. Subtract lines 4d and 5 from line 1. This amount must be distributed in 2020				0.
7 Amounts treated as distributions out of corpus to satisfy requirements imposed by section 170(b)(1)(F) or 4942(g)(3) (Election may be required - see instructions)	0.			
8 Excess distributions carryover from 2014 not applied on line 5 or line 7	0.			
9 Excess distributions carryover to 2020. Subtract lines 7 and 8 from line 6a	1,264,150.			
10 Analysis of line 9:				
a Excess from 2015				
b Excess from 2016				
c Excess from 2017				
d Excess from 2018	668,901.			
e Excess from 2019	595,249.			

Part XIV Private Operating Foundations (see instructions and Part VII-A, question 9) N/A

1 a If the foundation has received a ruling or determination letter that it is a private operating foundation, and the ruling is effective for 2019, enter the date of the ruling ▶

b Check box to indicate whether the foundation is a private operating foundation described in section 4942(j)(3) or 4942(j)(5)

	Tax year				(e) Total
	(a) 2019	(b) 2018	(c) 2017	(d) 2016	
2 a Enter the lesser of the adjusted net income from Part I or the minimum investment return from Part X for each year listed					
b 85% of line 2a					
c Qualifying distributions from Part XII, line 4, for each year listed					
d Amounts included in line 2c not used directly for active conduct of exempt activities					
e Qualifying distributions made directly for active conduct of exempt activities. Subtract line 2d from line 2c					
3 Complete 3a, b, or c for the alternative test relied upon:					
a "Assets" alternative test - enter:					
(1) Value of all assets					
(2) Value of assets qualifying under section 4942(j)(3)(B)(i)					
b "Endowment" alternative test - enter 2/3 of minimum investment return shown in Part X, line 6, for each year listed					
c "Support" alternative test - enter:					
(1) Total support other than gross investment income (interest, dividends, rents, payments on securities loans (section 512(a)(5)), or royalties)					
(2) Support from general public and 5 or more exempt organizations as provided in section 4942(j)(3)(B)(iii)					
(3) Largest amount of support from an exempt organization					
(4) Gross investment income					

Part XV Supplementary Information (Complete this part only if the foundation had \$5,000 or more in assets at any time during the year-see instructions.)

1 Information Regarding Foundation Managers:
a List any managers of the foundation who have contributed more than 2% of the total contributions received by the foundation before the close of any tax year (but only if they have contributed more than \$5,000). (See section 507(d)(2).)

NONE

b List any managers of the foundation who own 10% or more of the stock of a corporation (or an equally large portion of the ownership of a partnership or other entity) of which the foundation has a 10% or greater interest.

NONE

2 Information Regarding Contribution, Grant, Gift, Loan, Scholarship, etc., Programs:
 Check here if the foundation only makes contributions to preselected charitable organizations and does not accept unsolicited requests for funds. If the foundation makes gifts, grants, etc., to individuals or organizations under other conditions, complete items 2a, b, c, and d.

a The name, address, and telephone number or email address of the person to whom applications should be addressed:

b The form in which applications should be submitted and information and materials they should include:

c Any submission deadlines:

d Any restrictions or limitations on awards, such as by geographical areas, charitable fields, kinds of institutions, or other factors:

Part XV Supplementary Information *(continued)*

3 Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a Paid during the year				
ARCADIA FOOD, INC. 9000 RICHMOND HIGHWAY ALEXANDRIA, VA 22309		PUBLIC CHARITY	PLANNING GRANT PHASE III	78,000.
ARLINGTON FREE CLINIC 2921 11TH ST. SOUTH ARLINGTON, VA 22204		PUBLIC CHARITY	GENERAL OPERATING SUPPORT	200,000.
ARLINGTON PEDIATRIC CENTER 601 S. CARLIN SPRINGS ARLINGTON, VA 22204		PUBLIC CHARITY	GENERAL MEDICAID EXPANSION	100,000.
CONSUMER HEALTH FOUNDATION 1400 16TH ST., NW SUITE 710 WASHINGTON, DC 20036		PUBLIC CHARITY	STRATEGIC PARTNERSHIP	30,000.
GEORGE MASON FOUNDATION 4400 UNIVERSITY DRIVE MS 1A3 FAIRFAX, VA 22030		PUBLIC CHARITY	EDUCATION	100,000.
Total	SEE CONTINUATION SHEET(S)			1,308,000.
b Approved for future payment				
NONE				
Total				
				0.

Part XV Supplementary Information

3 Grants and Contributions Paid During the Year (Continuation)

Recipient Name and address (home or business)	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
GR. PRINCE WILLIAM COMM. HEALTH CTR. 4379 RIDGEWOOD CTR. DR. #102 WOODBIDGE, VA 22192		PUBLIC CHARITY	OPERATING MEDICAID EXPANSION	100,000.
GREATER WASHINGTON COMMUNITY FOUNDATION 1325 G ST. NW WASHINGTON, DC 20005		PUBLIC CHARITY	STRATEGIC PARTNERSHIP	30,000.
HEALTHWORKS FOR NORTHERN VIRGINIA 163 FORT EVANS RD. NE LEESBURG, VA 20176		PUBLIC CHARITY	OPERATING MEDICAID EXPANSION	100,000.
NEIGHBORHOOD HEALTH 6677 RICHMOND HIGHWAY ALEXANDRIA, VA 22014		PUBLIC CHARITY	OPERATING MEDICAID EXPANSION	100,000.
NORTHERN VIRGINIA DENTAL CLINIC 8221 WILLOW OAKS CORPORATE DRIVE SUITE 405 FAIRFAX, VA 22031		PUBLIC CHARITY	GENERAL OPERATING SUPPORT	100,000.
NORTHERN VIRGINIA FAMILY SERVICES 10455 WHITE GRANITE DR. OAKTON, VA 22124		PUBLIC CHARITY	GENERAL OPERATING SUPPORT	100,000.
NOVA SCRIPTSCENTRAL, INC. 6400 ARLINGTON BLVD. SUITE 120 FALLS CHURCH, VA 22042		PUBLIC CHARITY	GENERAL OPERATING SUPPORT	100,000.
UNITED COMMUNITY 7511 FORDSON ROAD ALEXANDRIA, VA 22306		PUBLIC CHARITY	DEMONSTRATION	170,000.
Total from continuation sheets				800,000.

Name **NORTHERN VIRGINIA HEALTH FOUNDATION** Employer identification number **20-4062932**

Note: Generally, the corporation is not required to file Form 2220 (see Part II below for exceptions) because the IRS will figure any penalty owed and bill the corporation. However, the corporation may still use Form 2220 to figure the penalty. If so, enter the amount from page 2, line 38, on the estimated tax penalty line of the corporation's income tax return, but **do not** attach Form 2220.

Part I Required Annual Payment			
1	Total tax (see instructions)	1	18,837.
2a	Personal holding company tax (Schedule PH (Form 1120), line 26) included on line 1	2a	
2b	Look-back interest included on line 1 under section 460(b)(2) for completed long-term contracts or section 167(g) for depreciation under the income forecast method	2b	
2c	Credit for federal tax paid on fuels (see instructions)	2c	
2d	Total. Add lines 2a through 2c	2d	
3	Subtract line 2d from line 1. If the result is less than \$500, do not complete or file this form. The corporation does not owe the penalty	3	18,837.
4	Enter the tax shown on the corporation's 2018 income tax return. See instructions. Caution: If the tax is zero or the tax year was for less than 12 months, skip this line and enter the amount from line 3 on line 5	4	15,670.
5	Required annual payment. Enter the smaller of line 3 or line 4. If the corporation is required to skip line 4, enter the amount from line 3	5	15,670.

Part II Reasons for Filing - Check the boxes below that apply. If any boxes are checked, the corporation **must** file Form 2220 even if it does not owe a penalty. See instructions.

6 The corporation is using the adjusted seasonal installment method.

7 The corporation is using the annualized income installment method.

8 The corporation is a "large corporation" figuring its first required installment based on the prior year's tax.

Part III Figuring the Underpayment		(a)	(b)	(c)	(d)	
9	Installment due dates. Enter in columns (a) through (d) the 15th day of the 4th (Form 990-PF filers: Use 5th month), 6th, 9th, and 12th months of the corporation's tax year	9	05/15/19	06/15/19	09/15/19	12/15/19
10	Required installments. If the box on line 6 and/or line 7 above is checked, enter the amounts from Sch A, line 38. If the box on line 8 (but not 6 or 7) is checked, see instructions for the amounts to enter. If none of these boxes are checked, enter 25% (0.25) of line 5 above in each column	10				
11	Estimated tax paid or credited for each period. For column (a) only, enter the amount from line 11 on line 15. See instructions	11	4,539.		6,000.	
Complete lines 12 through 18 of one column before going to the next column.						
12	Enter amount, if any, from line 18 of the preceding column	12		4,539.	4,539.	10,539.
13	Add lines 11 and 12	13		4,539.	10,539.	10,539.
14	Add amounts on lines 16 and 17 of the preceding column	14				
15	Subtract line 14 from line 13. If zero or less, enter -0-	15	4,539.	4,539.	10,539.	10,539.
16	If the amount on line 15 is zero, subtract line 13 from line 14. Otherwise, enter -0-	16				
17	Underpayment. If line 15 is less than or equal to line 10, subtract line 15 from line 10. Then go to line 12 of the next column. Otherwise, go to line 18	17				
18	Overpayment. If line 10 is less than line 15, subtract line 10 from line 15. Then go to line 12 of the next column	18	4,539.	4,539.	10,539.	

Go to Part IV on page 2 to figure the penalty. Do not go to Part IV if there are no entries on line 17 - no penalty is owed.

Part IV Figuring the Penalty

	(a)	(b)	(c)	(d)
19 Enter the date of payment or the 15th day of the 4th month after the close of the tax year, whichever is earlier. (C corporations with tax years ending June 30 and S corporations: Use 3rd month instead of 4th month. Form 990-PF and Form 990-T filers: Use 5th month instead of 4th month.) See instructions	19			
20 Number of days from due date of installment on line 9 to the date shown on line 19	20			
21 Number of days on line 20 after 4/15/2019 and before 7/1/2019	21			
22 Underpayment on line 17 x $\frac{\text{Number of days on line 21} \times 6\% (0.06)}{365}$...	22 \$	\$	\$	\$
23 Number of days on line 20 after 06/30/2019 and before 10/1/2019	23			
24 Underpayment on line 17 x $\frac{\text{Number of days on line 23} \times 5\% (0.05)}{365}$...	24 \$	\$	\$	\$
25 Number of days on line 20 after 9/30/2019 and before 1/1/2020	25			
26 Underpayment on line 17 x $\frac{\text{Number of days on line 25} \times 5\% (0.05)}{365}$...	26 \$	\$	\$	\$
27 Number of days on line 20 after 12/31/2019 and before 4/1/2020	27			
28 Underpayment on line 17 x $\frac{\text{Number of days on line 27} \times 5\% (0.05)}{366}$...	28 \$	\$	\$	\$
29 Number of days on line 20 after 3/31/2020 and before 7/1/2020	29			
30 Underpayment on line 17 x $\frac{\text{Number of days on line 29} \times \%}{366}$	30 \$	\$	\$	\$
31 Number of days on line 20 after 6/30/2020 and before 10/1/2020	31			
32 Underpayment on line 17 x $\frac{\text{Number of days on line 31} \times \%}{366}$	32 \$	\$	\$	\$
33 Number of days on line 20 after 9/30/2020 and before 1/1/2021	33			
34 Underpayment on line 17 x $\frac{\text{Number of days on line 33} \times \%}{366}$	34 \$	\$	\$	\$
35 Number of days on line 20 after 12/31/2020 and before 3/16/2021	35			
36 Underpayment on line 17 x $\frac{\text{Number of days on line 35} \times \%}{365}$	36 \$	\$	\$	\$
37 Add lines 22, 24, 26, 28, 30, 32, 34, and 36	37 \$	\$	\$	\$
38 Penalty. Add columns (a) through (d) of line 37. Enter the total here and on Form 1120, line 34; or the comparable line for other income tax returns	38 \$			0.

* Use the penalty interest rate for each calendar quarter, which the IRS will determine during the first month in the preceding quarter. These rates are published quarterly in an IRS News Release and in a revenue ruling in the Internal Revenue Bulletin. To obtain this information on the Internet, access the IRS website at www.irs.gov. You can also call 1-800-829-4933 to get interest rate information.

Schedule A Adjusted Seasonal Installment Method and Annualized Income Installment Method

See instructions.

Form 1120-S filers: For lines 1, 2, 3, and 21, "taxable income" refers to excess net passive income or the amount on which tax is imposed under section 1374(a), whichever applies.

Part I Adjusted Seasonal Installment Method

Caution: Use this method only if the base period percentage for any 6 consecutive months is at least 70%. See instructions.

		(a)	(b)	(c)	(d)
		First 3 months	First 5 months	First 8 months	First 11 months
1 Enter taxable income for the following periods.					
a Tax year beginning in 2016	1a				
b Tax year beginning in 2017	1b				
c Tax year beginning in 2018	1c				
2 Enter taxable income for each period for the tax year beginning in 2019. See the instructions for the treatment of extraordinary items	2				
3 Enter taxable income for the following periods.		First 4 months	First 6 months	First 9 months	Entire year
a Tax year beginning in 2016	3a				
b Tax year beginning in 2017	3b				
c Tax year beginning in 2018	3c				
4 Divide the amount in each column on line 1a by the amount in column (d) on line 3a	4				
5 Divide the amount in each column on line 1b by the amount in column (d) on line 3b	5				
6 Divide the amount in each column on line 1c by the amount in column (d) on line 3c	6				
7 Add lines 4 through 6	7				
8 Divide line 7 by 3.0	8				
9a Divide line 2 by line 8	9a				
b Extraordinary items (see instructions)	9b				
c Add lines 9a and 9b	9c				
10 Figure the tax on the amt on ln 9c using the instr for Form 1120, Sch J, line 2, or comparable line of corp's return ...	10				
11a Divide the amount in columns (a) through (c) on line 3a by the amount in column (d) on line 3a	11a				
b Divide the amount in columns (a) through (c) on line 3b by the amount in column (d) on line 3b	11b				
c Divide the amount in columns (a) through (c) on line 3c by the amount in column (d) on line 3c	11c				
12 Add lines 11a through 11c	12				
13 Divide line 12 by 3.0	13				
14 Multiply the amount in columns (a) through (c) of line 10 by columns (a) through (c) of line 13. In column (d), enter the amount from line 10, column (d)	14				
15 Enter any alternative minimum tax (trusts only) for each payment period. See instructions	15				
16 Enter any other taxes for each payment period. See instr.	16				
17 Add lines 14 through 16	17				
18 For each period, enter the same type of credits as allowed on Form 2220, lines 1 and 2c. See instructions	18				
19 Total tax after credits. Subtract line 18 from line 17. If zero or less, enter -0-	19				

Part II ^{**} Annualized Income Installment Method

		(a)	(b)	(c)	(d)
		First <u>2</u> months	First <u>3</u> months	First <u>6</u> months	First <u>9</u> months
20	Annualization periods (see instructions)				
21	Enter taxable income for each annualization period. See instructions for the treatment of extraordinary items				
22	Annualization amounts (see instructions)	6.000000	4.000000	2.000000	1.333330
23a	Annualized taxable income. Multiply line 21 by line 22				
23b	Extraordinary items (see instructions)				
23c	Add lines 23a and 23b				
24	Figure the tax on the amount on line 23c using the instructions for Form 1120, Schedule J, line 2, or comparable line of corporation's return				
25	Enter any alternative minimum tax (trusts only) for each payment period (see instructions)				
26	Enter any other taxes for each payment period. See instr.				
27	Total tax. Add lines 24 through 26				
28	For each period, enter the same type of credits as allowed on Form 2220, lines 1 and 2c. See instructions				
29	Total tax after credits. Subtract line 28 from line 27. If zero or less, enter -0-				
30	Applicable percentage	25%	50%	75%	100%
31	Multiply line 29 by line 30				

Part III Required Installments

		1st installment	2nd installment	3rd installment	4th installment
Note: Complete lines 32 through 38 of one column before completing the next column.					
32	If only Part I or Part II is completed, enter the amount in each column from line 19 or line 31. If both parts are completed, enter the smaller of the amounts in each column from line 19 or line 31	0.	0.	0.	0.
33	Add the amounts in all preceding columns of line 32. See instructions				
34	Adjusted seasonal or annualized income installments. Subtract line 33 from line 32. If zero or less, enter -0-				
35	Enter 25% (0.25) of line 5 on page 1 of Form 2220 in each column. Note: "Large corporations," see the instructions for line 10 for the amounts to enter	3,918.	3,917.	3,918.	3,917.
36	Subtract line 38 of the preceding column from line 37 of the preceding column		3,918.	7,835.	11,753.
37	Add lines 35 and 36	3,918.	7,835.	11,753.	15,670.
38	Required installments. Enter the smaller of line 34 or line 37 here and on page 1 of Form 2220, line 10. See instructions	0.	0.	0.	0.

Form 2220 (2019)

**** ANNUALIZED INCOME INSTALLMENT METHOD USING STANDARD OPTION**

FORM 990-PF INTEREST ON SAVINGS AND TEMPORARY CASH INVESTMENTS STATEMENT 1

SOURCE	(A) REVENUE PER BOOKS	(B) NET INVESTMENT INCOME	(C) ADJUSTED NET INCOME
JP MORGAN INVESTMENTS	63,035.	63,035.	
TOTAL TO PART I, LINE 3	63,035.	63,035.	

FORM 990-PF DIVIDENDS AND INTEREST FROM SECURITIES STATEMENT 2

SOURCE	GROSS AMOUNT	CAPITAL GAINS DIVIDENDS	(A) REVENUE PER BOOKS	(B) NET INVEST- MENT INCOME	(C) ADJUSTED NET INCOME
JP MORGAN INVESTMENTS	1,635,306.	0.	1,635,306.	1,635,306.	
TO PART I, LINE 4	1,635,306.	0.	1,635,306.	1,635,306.	

FORM 990-PF ACCOUNTING FEES STATEMENT 3

DESCRIPTION	(A) EXPENSES PER BOOKS	(B) NET INVEST- MENT INCOME	(C) ADJUSTED NET INCOME	(D) CHARITABLE PURPOSES
ACCOUNTING FEES	50,931.	12,733.		38,198.
TO FORM 990-PF, PG 1, LN 16B	50,931.	12,733.		38,198.

FORM 990-PF OTHER PROFESSIONAL FEES STATEMENT 4

DESCRIPTION	(A) EXPENSES PER BOOKS	(B) NET INVEST- MENT INCOME	(C) ADJUSTED NET INCOME	(D) CHARITABLE PURPOSES
INVESTMENT FEES	162,226.	162,226.		0.
RETIREMENT FEES	1,628.	0.		1,628.
CONSULTANTS	21,605.	0.		21,605.
PAYROLL SERVICES	2,898.	0.		2,898.
STRATEGIC PARTNERSHIPS	65,500.	0.		65,500.
STRATEGIC PLANNING	25,000.	0.		25,000.
TO FORM 990-PF, PG 1, LN 16C	278,857.	162,226.		116,631.

FORM 990-PF

TAXES

STATEMENT 5

DESCRIPTION	(A) EXPENSES PER BOOKS	(B) NET INVEST- MENT INCOME	(C) ADJUSTED NET INCOME	(D) CHARITABLE PURPOSES
INCOME AND EXCISE TAXES	18,837.	0.		0.
DEFERRED EXCISE TAXES	49,379.	0.		0.
TO FORM 990-PF, PG 1, LN 18	68,216.	0.		0.

FORM 990-PF

OTHER EXPENSES

STATEMENT 6

DESCRIPTION	(A) EXPENSES PER BOOKS	(B) NET INVEST- MENT INCOME	(C) ADJUSTED NET INCOME	(D) CHARITABLE PURPOSES
DUES	24,486.	0.		20,815.
OFFICE SUPPLIES	1,936.	0.		1,936.
TECHNOLOGY MAINTENANCE	14,923.	0.		14,923.
SUBSCRIPTIONS	544.	0.		544.
POSTAGE AND DELIVERY	943.	0.		943.
INSURANCE	1,338.	0.		1,338.
COMMUNICATIONS AND REPORTS	67,249.	0.		67,249.
REGISTRATION FEES	25.	0.		25.
RESEARCH	61,316.	0.		61,316.
TO FORM 990-PF, PG 1, LN 23	172,760.	0.		169,089.

FORM 990-PF

CORPORATE STOCK

STATEMENT 7

DESCRIPTION	BOOK VALUE	FAIR MARKET VALUE
VANGUARD S&P 500 ETF	5,646,459.	5,646,459.
SPDR S&P 500 ETF TRUST	4,296,934.	4,296,934.
ISHARES RUSSELL MID-CAP ETF	2,663,308.	2,663,308.
MFS INTL INTRINSIC VALUE-R6	1,230,805.	1,230,805.
ISHARES-MSCI EAFE INTL-K	1,086,432.	1,086,432.
ISHARES MSCI ALL COUNTRY ASI	873,213.	873,213.
JPM GL RES ENH IDX FD - USD - R6 ISIN US48129C2070	835,064.	835,064.
ISHARES GOLD TRUST	685,380.	685,380.
VANGUARD FTSE EMERGING MARKE	623,850.	623,850.
DODGE & COX INCOME FD	589,613.	589,613.
CRM LNG/SHRT OPPORT-INST	578,142.	578,142.
AQR MANAGED FUTURES STR-R6	553,782.	553,782.
SIX CIRCLES INTERNATIONAL UNCONSTRAINED EQUITY FUND	288,709.	288,709.
TOTAL TO FORM 990-PF, PART II, LINE 10B	19,951,691.	19,951,691.

FORM 990-PF

CORPORATE BONDS

STATEMENT 8

DESCRIPTION	BOOK VALUE	FAIR MARKET VALUE
ISHARES TIPS BOND ETF	1,105,761.	1,105,761.
HARBOR HIGH YIELD BOND-RET ISIN US4115123790 SEDOL 2DLQ6W0	893,725.	893,725.
DOUBLELINE TTL RTRN BND-I	620,432.	620,432.
VINTAGE 2017 PRIVATE INVESTMENTS, OFFSHORE (\$1 - 4.99MM)	419,512.	419,512.
ISHARES 20+ YEAR TREASURY BO	215,268.	215,268.
BANK OF AMERICA CORP VAR RT 07/21/2023 DTD 07/21/2017	55,912.	55,912.
GOLDMAN SACHS GROUP INC SR NTS 3.85% 01/26/2027 DTD 01/26/2017	47,961.	47,961.
HSBC HOLDINGS PLC SR NTS 4.875% 01/14/2022 DTD 11/17/2011	47,535.	47,535.
WELLS FARGO & CO MTN 3.45% 02/13/2023 DTD 02/13/2013	46,602.	46,602.
BP CAP MARKETS AMER 3.224% 04/14/2024 DTD 12/14/2018	41,745.	41,745.
ORACLE CORP SR NTS 2.4% 09/15/2023 DTD 07/07/2016	40,657.	40,657.
APPLE INC SR NTS 3.45% 05/06/2024 DTD 05/06/2014	37,203.	37,203.
CITIGROUP INC SR NTS VAR RT 04/24/2025 DTD 04/24/2019	36,450.	36,450.
METLIFE INC 4.368% 09/15/2023 DTD 09/10/2013	32,544.	32,544.
PFIZER INC SR NTS 3.45% 03/15/2029 DTD 03/11/2019	32,384.	32,384.
MORGAN STANLEY SR NTS MTN 3.7% 10/23/2024 DTD 10/23/2014	31,856.	31,856.

SHELL INTERNATIONAL FIN 3.250% 05/11/2025 DTD 05/11/2015	31,809.	31,809.
CANADIAN IMPERIAL BK SR NTS 2.7% 02/02/2021 DTD 02/02/2018	30,258.	30,258.
SUMITOMO MITSUI FINL GRP 2.058% 07/14/2021 DTD 07/14/2016	30,037.	30,037.
BB&T CORPORATION MTN 2.850% 10/26/2024 DTD 10/26/2017	29,968.	29,968.
COOPERATIEVE RABOBANK UA MTN 3.875% 02/08/2022 DTD 02/08/2012	26,021.	26,021.
NBCUNIVERSAL MEDIA LLC 4.375% 04/01/2021 DTD 08/19/2011	25,787.	25,787.
BERKSHIRE HATHAWAY INC 2.750% 03/15/2023 DTD 03/15/2016	25,640.	25,640.
PNC FINL SERVICES SR NTS 5.125% 02/08/2020 DTD 02/08/2010	25,072.	25,072.
WESTPAC BNKG CORP SR NTS 2.35% 02/19/2025 DTD 11/19/2019	25,069.	25,069.
IN MI PWR SR NTS 3.85% 05/15/2028 DTD 05/02/2018	21,886.	21,886.
PUB SVC CO 3.7% 06/15/2028 DTD 06/21/2018	21,854.	21,854.
MORGAN STANLEY SR NTS MTN 3.875% 01/27/2026 DTD 01/27/2016	21,493.	21,493.
TOTAL CAP INTL SA 3.75% 04/10/2024 DTD 01/15/2014	21,428.	21,428.
PRICELINE GROUP INC/THE 3.600% 06/01/2026 DTD 05/23/2016	21,382.	21,382.
BK OF AMER CORP SR NTS MTN 3.5% 04/19/2026 DTD 04/19/2016	21,297.	21,297.
ORIX CORP SR NTS 3.7% 07/18/2027 DTD 07/18/2017	21,258.	21,258.
BK OF NY MELLON CORP SR NTS MTN VAR RT 02/07/2028 DTD 02/07/2017	21,251.	21,251.
COMERICA INC SR NTS 3.7% 07/31/2023 DTD 07/31/2018	21,030.	21,030.
TRUIST BK SR NTS MTN 3.2% 04/01/2024 DTD 03/18/2019	20,815.	20,815.
CITIGROUP INC SR NTS 3.2% 10/21/2026 DTD 10/21/2016	20,778.	20,778.
RLTY INCOME CORP SR NTS 3.0% 01/15/2027 DTD 10/12/2016	20,609.	20,609.
DUKE ENERGY PROGRESS LLC 2.8% 05/15/2022 DTD 05/18/2012	20,427.	20,427.
MITSUBISHI UFJ FIN GRP 2.998% 02/22/2022 DTD 02/22/2017	20,383.	20,383.
MEAD JOHNSON NUTRITION C 3.0% 11/15/2020 DTD 11/03/2015	20,144.	20,144.
BK OF NY MELLON CORP SR NTS MTN 2.6% 08/17/2020 DTD 08/17/2015	20,082.	20,082.
NATL RURAL UTIL COOP 3.9% 11/01/2028 DTD 10/31/2018	16,536.	16,536.
ONCOR ELEC DELIVERY SR NTS 2.95% 04/01/2025 DTD 10/22/2015	16,372.	16,372.
MUFG AMERICAS HLDGS CORP SR NTS 3.0% 02/10/2025 DTD 02/10/2015	16,327.	16,327.
MORGAN STANLEY SR NTS MTN 4.0% 07/23/2025 DTD 07/23/2015	16,248.	16,248.
MITSUBISHI UFJ FIN GRP SR NTS 3.741% 03/07/2029 DTD 03/07/2019	16,215.	16,215.

ST STR CORP SR NTS 3.55% 08/18/2025 DTD 08/18/2015	16,140.	16,140.
GILEAD SCIENCES INC 3.700% 04/01/2024 DTD 03/07/2014	15,931.	15,931.
WELLS FARGO & CO SR NTS MTN 3.75% 01/24/2024 DTD 01/24/2019	15,882.	15,882.
BK OF NOVA SCOTIA SR NTS 3.4% 02/11/2024 DTD 02/11/2019	15,718.	15,718.
BANK OF AMERICA CORP VAR RT 01/23/2026 DTD 01/23/2018	15,700.	15,700.
LLOYDS BK PLC 6.375% 01/21/2021 DTD 01/21/2011	15,676.	15,676.
APPLE INC SR NTS 2.85% 05/11/2024 DTD 05/11/2017	15,477.	15,477.
SIERRA PACIFIC POWER CO 3.375% 08/15/2023 DTD 08/15/2013	15,465.	15,465.
WESTPAC BNKG CORP SR NTS 2.85% 05/13/2026 DTD 05/13/2016	15,432.	15,432.
BURLINGTN NORTH SANTA FE 3.000% 03/15/2023 DTD 03/12/2013	15,414.	15,414.
UNITEDHEALTH GROUP INC SR NTS 3.375% 11/15/2021 DTD 11/10/2011	15,374.	15,374.
GEN ELEC CO SR NTS MTN 4.625% 01/07/2021 DTD 01/07/2011	15,363.	15,363.
AP EUROPE VII (APAX) PRIVATE INVESTORS OFFSHORE LP COMMITMENT EXPRESSED IN E	15,341.	15,341.
ABB FIN USA INC 2.875% 05/08/2022 DTD 05/08/2012	15,317.	15,317.
WELLS FARGO & COMPANY 3.069% 01/24/2023 DTD 01/24/2017	15,287.	15,287.
JOHN DEERE CAP CORP SR NTS MTN 2.75% 03/15/2022 DTD 02/27/2012	15,275.	15,275.
PRUDENTIAL FINL INC SR NTS MTN 5.375% 06/21/2020 DTD 06/21/2010	15,237.	15,237.
BOEING CO SR NTS 2.7% 02/01/2027 DTD 07/31/2019	15,229.	15,229.
BALTIMORE GAS & ELECTRIC 2.400% 08/15/2026 DTD 08/18/2016	14,910.	14,910.
ENERGY LA LLC 5.59% 10/01/2024 DTD 10/02/2009	11,480.	11,480.
GEN ELEC CO SR NTS MTN 3.15% 09/07/2022 DTD 09/07/2012	11,267.	11,267.
HOME DEPOT INC SR NTS 3.9% 12/06/2028 DTD 12/06/2018	11,229.	11,229.
AMERIPRISE FINL INC SR NTS 3.7% 10/15/2024 DTD 09/18/2014	10,686.	10,686.
SIMON PPTY GROUP LP SR NTS 3.75% 02/01/2024 DTD 01/21/2014	10,652.	10,652.
PUB STORAGE SR NTS 3.385% 05/01/2029 DTD 04/12/2019	10,643.	10,643.
INVESCO FIN PLC 4.0% 01/30/2024 DTD 11/12/2013	10,633.	10,633.
AVALONBAY COMMUNITIES 3.450% 06/01/2025 DTD 05/13/2015	10,577.	10,577.
COMCAST CORP 3.375% 02/15/2025 DTD 08/12/2014	10,549.	10,549.
SIMON PROPERTY GROUP LP 3.375% 10/01/2024 DTD 09/10/2014	10,523.	10,523.
ERP OPER LP SR NTS 3.375% 06/01/2025 DTD 05/14/2015	10,514.	10,514.
US BANCORP SR NTS MTN 3.375% 02/05/2024 DTD 02/04/2019	10,513.	10,513.
DOMINION GAS HLDGS LLC 3.600% 12/15/2024 DTD 12/08/2014	10,511.	10,511.

TX INSTRUMENTS INC SR NTS 2.9% 11/03/2027 DTD 11/03/2017	10,489.	10,489.
VA ELEC & PWR CO SR NTS 3.45% 02/15/2024 DTD 02/07/2014	10,483.	10,483.
CON EDISON CO OF NY INC SR NTS 3.125% 11/15/2027 DTD 11/16/2017	10,480.	10,480.
AVALONBAY COMMUNITIES MTN 3.200% 01/15/2028 DTD 11/15/2017	10,450.	10,450.
NUTRIEN LTD 3.625% 03/15/2024 DTD 04/10/2018	10,448.	10,448.
BAKER HUGHES LLC/CO-OBL SR NTS 3.337% 12/15/2027 DTD 01/31/2018	10,439.	10,439.
HSBC HOLDINGS PLC SR NTS 4.0% 03/30/2022 DTD 03/30/2012	10,426.	10,426.
ALLSTATE CORP SR NTS 3.15% 06/15/2023 DTD 06/07/2013	10,388.	10,388.
AFLAC INC SR NTS 2.875% 10/15/2026 DTD 09/19/2016	10,300.	10,300.
US BANCORP MTN 3.0% 07/30/2029 DTD 07/29/2019	10,283.	10,283.
BAKER HUGHES LLC/CO-OBL SR NTS 2.773% 12/15/2022 DTD 01/31/2018	10,196.	10,196.
OCCIDENTAL PETRLM COR SR NTS 4.1% 02/01/2021 DTD 12/16/2010	10,173.	10,173.
CITIGROUP INC SR NTS VAR RT 07/24/2023 DTD 07/24/2017	10,169.	10,169.
ST STR CORP SR NTS VAR RT 05/15/2023 DTD 05/15/2017	10,140.	10,140.
AL PWR CO SR NTS 2.45% 03/30/2022 DTD 03/03/2017	10,122.	10,122.
AMERN EXPRESS CO SR NTS 2.5% 08/01/2022 DTD 08/01/2017	10,117.	10,117.
S&P GLOBAL INC 2.5% 12/01/2029 DTD 11/26/2019	10,056.	10,056.
QUALCOMM INC SR NTS 3.25% 05/20/2027 DTD 05/26/2017	9,486.	9,486.
CENTERPOINT ENER HOUSTON 3.000% 02/01/2027 DTD 01/12/2017	9,291.	9,291.
LINCOLN NATL CORP SR NTS 4.0% 09/01/2023 DTD 08/16/2013	7,455.	7,455.
SAN DIEGO G & E 2.5% 05/15/2026 DTD 05/19/2016	6,973.	6,973.
BOEING CO SR NTS 7.25% 06/15/2025 DTD 07/07/1993	6,199.	6,199.
BK OF AMER CORP SR NTS MTN VAR RT 10/22/2025 DTD 10/22/2019	6,037.	6,037.
PRUDENTIAL FINL INC SR NTS MTN 3.878% 03/27/2028 DTD 03/27/2018	5,491.	5,491.
WALMART INC SR NTS 3.25% 07/08/2029 DTD 04/23/2019	5,376.	5,376.
PROLOGIS LP 4.25% 08/15/2023 DTD 08/15/2013	5,356.	5,356.
PRECISION CASTPARTS CORP SR NTS 3.25% 06/15/2025 DTD 06/10/2015	5,281.	5,281.
POTOMAC ELECTRIC POWER 3.600% 03/15/2024 DTD 03/18/2014	5,270.	5,270.
EXXON MOBIL CORP SR NTS 3.043% 03/01/2026 DTD 03/03/2016	5,250.	5,250.
ENERGY LOUISIANA LLC 3.120% 09/01/2027 DTD 05/23/2017	5,182.	5,182.
MARSH & MCLENNAN COS INC SR NTS 3.3% 03/14/2023 DTD 03/14/2016	5,174.	5,174.
ERP OPER LP SR NTS 3.0% 04/15/2023 DTD 04/10/2013	5,151.	5,151.

NORTHERN VIRGINIA HEALTH FOUNDATION

20-4062932

TOTAL CAP INTL SA 2.829% 01/10/2030 DTD 07/10/2019	5,149.	5,149.
JOHN DEERE CAP CORP SR NTS MTN 2.8% 07/18/2029 DTD 07/18/2019	5,142.	5,142.
ERP OPER LP SR NTS 2.85% 11/01/2026 DTD 10/12/2016	5,136.	5,136.
MANULIFE FINL CORP SR NTS 4.9% 09/17/2020 DTD 09/17/2010	5,102.	5,102.
DTE ELEC CO 2.65% 06/15/2022 DTD 06/22/2012	5,078.	5,078.
ATMOS ENERGY CORP SR NTS 2.625% 09/15/2029 DTD 10/02/2019	5,057.	5,057.
NUTRIEN LTD 4.875% 03/30/2020 DTD 04/10/2018	5,033.	5,033.
INTEL CORP SR NTS 2.45% 11/15/2029 DTD 11/21/2019	5,002.	5,002.
SIMON PPTY GROUP LP SR NTS 2.45% 09/13/2029 DTD 09/13/2019	4,932.	4,932.
JPM FLEMING EUROPEAN PROPERTY FUND (US INVESTOR) - 'C' FEEDER	4,928.	4,928.
ENERGY ARKANSAS INC 3.050% 06/01/2023 DTD 05/30/2013	4,111.	4,111.
BANK OF AMERICA CORP MTN VAR RT 01/20/2023 DTD 01/20/2017	4,080.	4,080.
UNITEDHEALTH GROUP INC SR NTS 2.95% 10/15/2027 DTD 10/25/2017	3,124.	3,124.
MANULIFE FINANCIAL CORP 4.150% 03/04/2026 DTD 03/04/2016	2,204.	2,204.
COMCAST CORP 3.95% 10/15/2025 DTD 10/05/2018	2,184.	2,184.
GOLDMAN SACHS GROUP INC 4.25% 10/21/2025 DTD 10/21/2015	2,173.	2,173.
COMCAST CORP 3.150% 03/01/2026 DTD 02/23/2016	2,098.	2,098.
ST STR CORP 3.1% 05/15/2023 DTD 05/15/2013	2,063.	2,063.
ARCHER-DANIELS-MIDLAND C SR NTS 4.479% 03/01/2021 DTD 04/04/2011	2,059.	2,059.
PRIN FINL GRP 3.125% 05/15/2023 DTD 11/16/2012	2,053.	2,053.
TOTAL TO FORM 990-PF, PART II, LINE 10C	<u>5,151,807.</u>	<u>5,151,807.</u>

FORM 990-PF

OTHER INVESTMENTS

STATEMENT 9

DESCRIPTION	VALUATION METHOD	BOOK VALUE	FAIR MARKET VALUE
VINTAGE 2013 PRIVATE INVESTMENTS, OFFSHORE	FMV	879,660.	879,660.
COATUE OFFSHORE FUND, LTD. CLASS B SUB CLASS E TRANCHE 4R - NEW ISSUES INELI	FMV	848,296.	848,296.
ISHARES 7-10 YEAR TREASURY B	FMV	815,890.	815,890.
VINTAGE 2015 PRIVATE INVESTMENTS, OFFSHORE (LESS THAN \$1M)	FMV	729,080.	729,080.
JPMORGAN BETABUILDERS CANADA ETF	FMV	612,480.	612,480.
XTRACKERS MSCI JAPAN HEDGED EQUITY ETF	FMV	608,112.	608,112.
SIX CIRCLES ULTRA SHORT DURATION FUND	FMV	567,873.	567,873.
VINTAGE 2014 PRIVATE INVESTMENTS, OFFSHORE	FMV	554,134.	554,134.
BLACKSTONE ALT MULTI-STRAT- Y	FMV	516,705.	516,705.
BCP VI PRIVATE INVESTORS OFFSHORE, LP	FMV	389,095.	389,095.
SIX CIRCLES U.S. UNCONSTRAINED EQUITY FUND	FMV	309,105.	309,105.
1992 MULTI-STRATEGY FUND CORPORATION CLASS C NEW ISSUES INELIGIBLE (S0708)	FMV	224,871.	224,871.
SILVER LAKE PARTNERS III PRIVATE INVESTORS OFFSHORE LP	FMV	153,316.	153,316.
VINTAGE 2018 PRIVATE INVESTMENTS, OFFSHORE (LESS THAN \$1MM)	FMV	129,919.	129,919.
CLAYTON, DUBILIER & RICE (CD&R) FUND 8, LP (OFFSHORE INVESTORS)	FMV	75,028.	75,028.
PEG SECONDARY PRIVATE EQUITY INVESTORS OFFSHORE SPECIAL, L.P	FMV	73,203.	73,203.
BLACKSTONE GSO PRIVATE INVESTORS, L.P. (OFFSHORE)	FMV	38,514.	38,514.
VINTAGE 2019 PRIVATE INVESTMENTS OFFSHORE SICAV-RAIF S.C.SP. (LESS THAN \$1MM)	FMV	21,089.	21,089.
J C FLOWERS II PRIVATE INVESTORS OFFSHORE L P (OFFSHORE)	FMV	16,888.	16,888.
EQUINOR ASA 2.9% 11/08/2020 DTD 11/08/2013	FMV	1,008.	1,008.
TOTAL TO FORM 990-PF, PART II, LINE 13		7,564,266.	7,564,266.

FORM 990-PF DEPRECIATION OF ASSETS NOT HELD FOR INVESTMENT STATEMENT 10

DESCRIPTION	COST OR OTHER BASIS	ACCUMULATED DEPRECIATION	BOOK VALUE
COMPUTER EQUIPMENT	4,134.	4,134.	0.
EQUIPMENT	597.	597.	0.
COMPUTER EQUIPMENT	1,145.	743.	402.
BROTHER COLOR PRINTER	297.	277.	20.
TOTAL TO FM 990-PF, PART II, LN 14	6,173.	5,751.	422.

FORM 990-PF OTHER ASSETS STATEMENT 11

DESCRIPTION	BEGINNING OF YR BOOK VALUE	END OF YEAR BOOK VALUE	FAIR MARKET VALUE
SECURITY DEPOSIT	10,800.	10,800.	10,800.
PREPAID INCOME AND EXCISE TAXES	3,205.	10,539.	10,539.
DEFERRED COMPENSATION	130,072.	179,714.	179,714.
OTHER RECEIVABLES	0.	125,566.	125,566.
TO FORM 990-PF, PART II, LINE 15	144,077.	326,619.	326,619.

FORM 990-PF OTHER LIABILITIES STATEMENT 12

DESCRIPTION	BOY AMOUNT	EOY AMOUNT
DEFERRED COMPENSATION	130,072.	179,714.
DEFERRED TAX LIABILITY	38,317.	100,947.
TOTAL TO FORM 990-PF, PART II, LINE 22	168,389.	280,661.

FORM 990-PF INTEREST AND PENALTIES STATEMENT 13

TAX DUE FROM FORM 990-PF, PART VI	2,298.
LATE PAYMENT INTEREST	15.
LATE PAYMENT PENALTY	34.
TOTAL AMOUNT DUE	2,347.

COPY

FORM 990-PF

LATE PAYMENT PENALTY

STATEMENT 14

DESCRIPTION	DATE	AMOUNT	BALANCE	MONTHS	PENALTY
TAX DUE	07/15/20	8,298.	8,298.		
EXTENSION PAYMENT	07/15/20	-6,000.	2,298.	3	34.
DATE FILED	10/01/20		2,298.		
TOTAL LATE PAYMENT PENALTY					34.

FORM 990-PF

LATE PAYMENT INTEREST

STATEMENT 15

DESCRIPTION	DATE	AMOUNT	BALANCE	RATE	DAYS	INTEREST
TAX DUE	07/15/20	8,298.	8,298.	.0300		
EXTENSION PAYMENT	07/15/20	-6,000.	2,298.	.0300	78	15.
DATE FILED	10/01/20		2,313.			
TOTAL LATE PAYMENT INTEREST						15.

FORM 990-PF

PART VIII - LIST OF OFFICERS, DIRECTORS
TRUSTEES AND FOUNDATION MANAGERS

STATEMENT 16

NAME AND ADDRESS	TITLE AND AVRG HRS/WK	COMPEN- SATION	EMPLOYEE BEN PLAN CONTRIB	EXPENSE ACCOUNT
JANE WOODS 2000 DUKE STREET, SUITE 300 ALEXANDRIA, VA 22314	CHAIR AND DIRECTOR 1.00	0.	0.	0.
JUDY FEDER, PHD 2000 DUKE STREET, SUITE 300 ALEXANDRIA, VA 22314	VICE CHAIR AND DIRECTOR 1.00	0.	0.	0.
JEFF SCHRAGG 2000 DUKE STREET, SUITE 300 ALEXANDRIA, VA 22314	TREASURER AND DIRECTOR 1.00	0.	0.	0.
GLORIA ADDO-AYENSU, MD MPH 2000 DUKE STREET, SUITE 300 ALEXANDRIA, VA 22314	DIRECTOR 1.00	0.	0.	0.
ILKA CHAVEZ 2000 DUKE STREET, SUITE 300 ALEXANDRIA, VA 22314	DIRECTOR 1.00	0.	0.	0.
LISA KAPLOWITZ, MD 2000 DUKE STREET, SUITE 300 ALEXANDRIA, VA 22314	DIRECTOR 1.00	0.	0.	0.
MARSHA LILLIE-BLANTON, MNS, DRPH 2000 DUKE STREET, SUITE 300 ALEXANDRIA, VA 22314	DIRECTOR 1.00	0.	0.	0.
DAVID SPECK 2000 DUKE STREET, SUITE 300 ALEXANDRIA, VA 22314	DIRECTOR 1.00	0.	0.	0.
GUILLERMO GARCIA 2000 DUKE STREET, SUITE 300 ALEXANDRIA, VA 22314	DIRECTOR 1.00	0.	0.	0.
PATRICIA N. MATHEWS 2000 DUKE STREET, SUITE 300 ALEXANDRIA, VA 22314	PRES. AND CEO 40.00	220,017.	18,523.	0.

TOTALS INCLUDED ON 990-PF, PAGE 6, PART VIII

<u>220,017.</u>	<u>18,523.</u>	<u>0.</u>
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2019 DEPRECIATION AND AMORTIZATION REPORT

FORM 990-PF PAGE 1

990-PF

Asset No.	Description	Date Acquired	Method	Life	Conv	Line No.	Unadjusted Cost Or Basis	Bus % Excl	Section 179 Expense	* Reduction In Basis	Basis For Depreciation	Beginning Accumulated Depreciation	Current Sec 179 Expense	Current Year Deduction	Ending Accumulated Depreciation
1	COMPUTER EQUIPMENT	04/29/13	SL	5.00		16	4,134.				4,134.	4,134.		0.	4,134.
13	EQUIPMENT	11/01/12	SL	5.00		16	597.				597.	597.		0.	597.
24	(D)COMPUTER EQUIPMENT	04/28/15	SL	5.00		16	1,071.				1,071.	786.		214.	1,000.
35	COMPUTER EQUIPMENT	09/27/16	SL	5.00		16	1,145.				1,145.	514.		229.	743.
36	BROTHER COLOR PRINTER	04/28/15	SL	5.00		16	297.				297.	218.		59.	277.
	* TOTAL 990-PF PG 1 DEPR						7,244.				7,244.	6,249.		502.	6,751.
	CURRENT YEAR ACTIVITY														
	BEGINNING BALANCE						7,244.			0.	7,244.	6,249.			6,751.
	ACQUISITIONS						0.			0.	0.	0.			0.
	DISPOSITIONS/RETIRED						1,071.			0.	1,071.	786.			1,000.
	ENDING BALANCE						6,173.			0.	6,173.	5,463.			5,751.
	ENDING ACCUM DEPR LESS DISPOSITIONS											5,751.			
	ENDING BOOK VALUE											422.			

Application for Automatic Extension of Time To File an Exempt Organization Return

Department of the Treasury
Internal Revenue Service

▶ **File a separate application for each return.**
▶ **Go to www.irs.gov/Form8868 for the latest information.**

Electronic filing (e-file). You can electronically file Form 8868 to request a 6-month automatic extension of time to file any of the forms listed below with the exception of Form 8870, Information Return for Transfers Associated With Certain Personal Benefit Contracts, for which an extension request must be sent to the IRS in paper format (see instructions). For more details on the electronic filing of this form, visit www.irs.gov/e-file-providers/e-file-for-charities-and-non-profits.

Automatic 6-Month Extension of Time. Only submit original (no copies needed).

All corporations required to file an income tax return other than Form 990-T (including 1120-C filers), partnerships, REMICs, and trusts must use Form 7004 to request an extension of time to file income tax returns.

Type or print	Name of exempt organization or other filer, see instructions. NORTHERN VIRGINIA HEALTH FOUNDATION	Taxpayer identification number (TIN) 20-4062932
File by the due date for filing your return. See instructions.	Number, street, and room or suite no. If a P.O. box, see instructions. 2000 DUKE STREET, NO. 300	
	City, town or post office, state, and ZIP code. For a foreign address, see instructions. ALEXANDRIA, VA 22314	

Enter the Return Code for the return that this application is for (file a separate application for each return) 0 | 4

Application Is For	Return Code	Application Is For	Return Code
Form 990 or Form 990-EZ	01	Form 990-T (corporation)	07
Form 990-BL	02	Form 1041-A	08
Form 4720 (individual)	03	Form 4720 (other than individual)	09
Form 990-PF	04	Form 5227	10
Form 990-T (sec. 401(a) or 408(a) trust)	05	Form 6069	11
Form 990-T (trust other than above)	06	Form 8870	12

WEGLEY, HIGGINBOTHAM & ASSOCIATES, PLC

- The books are in the care of ▶ **1040 ARMSTRONG ST. - FAIRFAX, VA 22030**
Telephone No. ▶ **703-591-7301** Fax No. ▶ _____
- If the organization does not have an office or place of business in the United States, check this box
- If this is for a Group Return, enter the organization's four digit Group Exemption Number (GEN) _____. If this is for the whole group, check this box . If it is for part of the group, check this box and attach a list with the names and TINs of all members the extension is for.

1 I request an automatic 6-month extension of time until **NOVEMBER 16, 2020**, to file the exempt organization return for the organization named above. The extension is for the organization's return for:
▶ calendar year **2019** or
▶ tax year beginning _____, and ending _____.

2 If the tax year entered in line 1 is for less than 12 months, check reason: Initial return Final return
 Change in accounting period

3a If this application is for Forms 990-BL, 990-PF, 990-T, 4720, or 6069, enter the tentative tax, less any nonrefundable credits. See instructions.	3a	\$ 10,539.
b If this application is for Forms 990-PF, 990-T, 4720, or 6069, enter any refundable credits and estimated tax payments made. Include any prior year overpayment allowed as a credit.	3b	\$ 10,539.
c Balance due. Subtract line 3b from line 3a. Include your payment with this form, if required, by using EFTPS (Electronic Federal Tax Payment System). See instructions.	3c	\$ 0.

Caution: If you are going to make an electronic funds withdrawal (direct debit) with this Form 8868, see Form 8453-EO and Form 8879-EO for payment instructions.